

# LIVE WELL WITH DIABETES

## A DAY OF DISCOVERY 2021

Health Professionals Event | 11.5.21

Virtual or In Person Offering



# GREAT PLAINS DIABETES

IN PARTNERSHIP WITH



WICHITA STATE  
UNIVERSITY  
COLLEGE OF  
HEALTH PROFESSIONS  
Department of Physician Assistant



Kansas Business Group  
on Health



WICHITA STATE  
UNIVERSITY

WSU Metropolitan Complex | 5015 E. 29th St. N. | Wichita, KS 67037  
Virtual Option Available

## ABOUT

This course has been designed as a one day, interactive, case based workshop that provides health professionals with up to date, evidence based information to enhance the health professionals ability to provide diabetes care and prevention for all ages.

Great Plains Diabetes (GPD) Professional Education Lectures are in collaboration with Kansas Business Group on Health, University of Kansas School of School of Pharmacy, Wichita State School for Physician Assistant Program and Healthy Green Nutrition.

## OBJECTIVES

At the conclusion of this activity, the participant will be able to demonstrate the ability to:

1. Understand the epidemiology of risk factors associated with cardiovascular outcome in people with diabetes
2. Manage risk factors using evidence based therapies in people with diabetes
3. Discuss the evidence for lifestyle interventions in people with diabetes
4. Recognized which diabetes medications are optimal for individual patients with diabetes
5. Report how to interpret and use data from continuous glucose monitors and hybrid closed looped insulin pumps and implement pattern management strategies
6. Review the latest research on the physiology for weight loss and maintenance
7. Identify behavioral, nutritional, and medication strategies to decrease weight in people with diabetes
8. Identify genetic, biologic and environmental factors to weight status
9. Employ innovative and dynamic strategies for communication with patients with diabetes to strengthen provider and patient relationships and improve patient outcomes
10. Recognize the physical and emotional barriers that prevent patients from being persistent and adherent to their therapeutic regimen.

## CONTINUING EDUCATION

The Wichita State University College of Health Professions is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 6 contact hours applicable for RN, LPN, or LMHT relicensure. Kansas State Board of Nursing provider number: LT 0090-0327

## HOTEL INFORMATION

### **Aloft Wichita**

Start Date: Thursday, November 4, 2021

End Date: Saturday, November 6, 2021

Last Day to Book: Thursday, October 21, 2021

With Breakfast: 104 USD per night [Book your group rate for Great Plains Diabetes with Breakfast](#)

Without Breakfast: 94 USD per night [Book your group rate for Great Plains Diabetes without Breakfast](#)

# AGENDA

<b>8:00 AM</b>	<b>Registration</b>
<b>8:30 AM</b>	<b>Diabetes Med Update</b> Meghan Haftman, PharmD; Chelsea Love, PharmD & Mariah Black, PharmD   KU School of Pharmacy <ul style="list-style-type: none"><li>• Manage risk factors using evidence-based therapies in people with diabetes</li><li>• Recognize which diabetes medications are optimal for individual patients with diabetes</li></ul>
<b>9:30 AM</b>	<b>Why Aren't My Patients Following My Brilliant Recommendations?</b> William Polonsky, PhD   Behavioral Diabetes Institute <ul style="list-style-type: none"><li>• Employ innovative and dynamic strategies for communication with patients with diabetes to strengthen provider and patient relationships and improve patient outcomes</li><li>• Recognize the physical and emotional barriers that prevent patients from being persistent and adherent to their therapeutic regimen</li></ul>
<b>10:30 AM</b>	<b>Break</b>
<b>11:00 AM</b>	<b>Cardiovascular Disease and Diabetes: What's new?</b> Tiffany Schwasinger-Schmidt, MD, PhD   Kansas University School of Medicine Wichita <ul style="list-style-type: none"><li>• Understand the epidemiology of risk factors associated with cardiovascular outcome in people with diabetes</li><li>• Manage risk factors using evidence-based therapies in people with diabetes</li><li>• Discuss the evidence for lifestyle interventions in people with diabetes</li><li>• Recognized which diabetes medications are optimal for individual patients with diabetes</li></ul>
<b>12:00 PM</b>	<b>Lunch (provided)</b>
<b>12:45 PM</b>	<b>Diabetes Report Overload: Hands on Making Sense of those Reports</b> Amanda Ast, FNP-C, BC-ADM   Great Plains Diabetes Belinda Childs, APRN, BC-ADM, CDE   Great Plains Diabetes <ul style="list-style-type: none"><li>• Report how to interpret and use data from continuous glucose monitors and hybrid closed looped insulin pumps and implement pattern management strategies</li></ul>
<b>1:45 PM</b>	<b>Break</b>
<b>2:00 PM</b>	<b>Obesity Symposium</b> <b>Making sense of Obesity and Diabetes: New Alternatives</b> Rami Mortada, MD   Endocrine Center of Kansas <ul style="list-style-type: none"><li>• Manage risk factors using evidence-based therapies in people with diabetes</li><li>• Review the latest research on the physiology for weight loss and maintenance</li><li>• Identify behavioral, nutritional, and medication strategies to decrease weight in people with diabetes</li><li>• Identify genetic, biologic and environmental factors to weight status</li></ul> <b>Health At Every Size as an Alternative to Traditional Diet Approaches</b> Courtney Johnson, PhD   Clinical Psychologist <ul style="list-style-type: none"><li>• Identify behavioral, nutritional, and medication strategies to decrease weight in people with diabetes</li><li>• Identify genetic, biologic and environmental factors to weight status</li><li>• Employ innovative and dynamic strategies for communication with patients with diabetes to strengthen provider and patient relationships and improve patient outcomes</li></ul> <b>Nutritional Strategies for Those Who Are Overweight</b> Diane Greenleaf-Kisner, RD   Healthy Green Nutrition LLC <ul style="list-style-type: none"><li>• Identify behavioral, nutritional, and medication strategies to decrease weight in people with diabetes</li><li>• Identify genetic, biologic and environmental factors to weight status</li><li>• Discuss the evidence for lifestyle interventions in people with diabetes</li></ul> <b>Panel Q&amp;A</b>
<b>4:30 PM</b>	<b>Adjourn</b>

## REGISTRATION DEADLINE & FEE

Attendees must register by October 29. The registration fee is \$90 for professionals and \$50 for students. Lunch is provided.

# REGISTRATION FORM

[CLICK HERE TO REGISTER ONLINE](#)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

I am attending: \_\_\_\_\_ In-Person \_\_\_\_\_ Virtually

For CEU's only

License Type: \_\_\_\_\_

License #: \_\_\_\_\_

## PAYMENT DETAILS

\_\_\_\_ Professional \$90

\_\_\_\_ Student \$50

\_\_\_\_ Check (Make check payable to: Wichita State University Conference Office)

\_\_\_\_ Credit Card

\_\_\_\_ Visa    \_\_\_\_ MasterCard    \_\_\_\_ Discover

# \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Mail registration and payment to:

Wichita State University, 1845 Fairmount St., Box 136, Wichita, KS 67260-0136

or fax it to (316) 978-3064

Questions? Call (316) 978-6493

**Registration Deadline: October 29**