



GREAT PLAINS
DIABETES



LIVE WELL WITH DIABETES

DAY OF DISCOVERY FOR HEALTH PROFESSIONALS

8:30AM–5PM
FRIDAY, NOVEMBER 4

WSU Metropolitan Complex
5015 E 29th St N, Wichita, KS 67220



ABOUT

This course has been designed as a one day, interactive, case based workshop that provides health professionals with up to date, evidence based information to enhance the health professionals ability to provide diabetes care and prevention for all ages.

Great Plains Diabetes (GPD) Professional Education Lectures are in collaboration with Kansas Business Group on Health, University of Kansas School of School of Pharmacy, Wichita State School for Physician Assistant Program and Healthy Green Nutrition.

OBJECTIVES

- Identify the phases of type 1 diabetes, benefit of screening, and potential treatment modalities
- Determine which diabetes medications are optimal for individual patients with diabetes
- List when to screen for gestational diabetes and diagnostic criteria
- Identify strategies to reduce the risk of type 2 diabetes and cardiovascular disease after gestational diabetes
- Report how to interpret and use data from continuous glucose monitors and hybrid closed looped insulin pumps and implement pattern management strategies
- Identifying the pros and cons of multiple meal plan options for those living with diabetes
- Recognize common barriers to successful prior authorization and identify documentation requirements for minimizing difficulties with prior authorization.
- Recognize the signs, symptoms, and management of depression and anxiety in people with diabetes
- Recognize the warning signs, risk factors, treatments and therapies, and resources for suicide prevention

CONTINUING EDUCATION

The Wichita State University College of Health Professions is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 7.5 contact hours applicable for RN, LPN, or LMHT relicensure. Kansas State Board of Nursing provider number: LT 0090-0327

HOTEL INFORMATION

[Click here to reserve your room at the Hyatt Place at Wichita State University.](#)
Reservation deadline 10/22/22.

AGENDA

8:00 AM Conference Check-in

8:30 AM **Case Studies for Diabetes Management: Differing Approaches**

Justin Moore, MD, FACP, Double Arrow Metabolism, LLC & Rami Mortada, MD, Endocrine Center of Kansas

New diabetes therapies, from insulin pumps to sensors to new drugs, offer better outcomes to patients, but at sometimes astonishing costs. Drs. Mortada and Moore will have a friendly debate over the right course of therapy for several diabetes case studies, taking into account cost-effectiveness, quality of life, and potential side effects. By the end of the session, attendees should know exactly how much their insurance company thinks their lives are worth, alternative therapies to some high-cost medications, and how much life a person can expect to gain with newer medications compared to older medications.

9:45 AM **Gestational Diabetes**

Tracy Williams, MD, Wichita - Family & Community Medicine, The University of Kansas Medical Center

Rates of complications of pregnancy and childbirth are increasing, in part due to increased rates of gestational diabetes. Patients who have had gestational diabetes are also at high risk of type 2 diabetes and vascular disease within only a few years of delivery. Dr. Williams and her colleagues will present local quality improvement data relating to increased early screening for gestational diabetes. They'll also offer tips on management of gestational diabetes and appropriate follow-up, like the Diabetes Prevention Program, to avoid postpartum progression of dysglycemia.

10:15 AM Break

10:45 AM **The Long and Winding Road to Type 1 Diabetes**

Mark Clements, MD

Dr. Clements is a Pediatric Endocrinologist at Children's Mercy Kansas City, Professor of Pediatrics at the University of Missouri-Kansas City, and the Rick and Cathy Baier Family Endowed Chair in Endocrinology. He is the co-Principal Investigator of a TrialNet Clinical Center at Children's Mercy, helping TrialNet in its mission to identify family members of individuals with type 1 diabetes who are at higher risk for developing T1D themselves. Dr. Clements will speak about our shifting understanding of type 1 diabetes and its multiple stages.

11:15 AM **So Many Diets, So Much Confusion: Are They Safe for People with Diabetes?**

Diane Greenleaf-Kisner, RD | Healthy Green Nutrition LLC

Are you trying to decide if you should eat carbohydrates or gluten or fat or animal products? There are so many different diets out there, that it is hard to decide if they are safe and beneficial for you, if you have diabetes. This talk will discuss the pros and cons of each diet plan and if they are safe for people with diabetes.

12:00 PM Lunch

1:00 PM **Prior Authorizations: Working Towards Improving Outcomes and Reducing Burnout**

Brad Newell, PharmD, University of Kansas School of Pharmacy - Wichita; Lisa Molt, RN, BSN, Great Plains Diabetes; & Brandon Alleman, MD, PhD, Antioch Med

A multidisciplinary approach to improving outcomes with the prior authorization process. With everchanging insurance requirements, the healthcare team, including the patient, prescriber, pharmacist, and medical staff, must work together to assist in the prior authorization process.

2:15 PM **Practical Approach To Incorporating CGM Into Practice**

David Kruger, APRN, Henry Ford Health

This session will provide the learner an opportunity to review the role of both Professional and Personal CGM in practice. An over view of the standards of care and devices available will be discussed. Interpretation of CGM data and case presentation will be presented

3:15 PM Break

3:45 PM **Mental Health/Suicide Prevention**

Sonia Slaba, APRN, Advanced Infusion and Wellness Center

4:45 PM Wrap up

5:00 PM Conference Adjourn

REGISTRATION FORM

[CLICK HERE TO REGISTER ONLINE](#)

Name: _____

Address: _____

City/State: _____ Zip: _____

Phone Number: _____

Email: _____

I am attending: _____ In-Person _____ Virtually

For CEU's only

License Type: _____

License #: _____

PAYMENT DETAILS

____ Professional \$125

____ Student \$50

____ Check (Make check payable to: Wichita State University Conference Office)

____ Card

____ Visa ____ MasterCard ____ Discover

_____ Exp. Date: _____ CVV: _____

Signature: _____

Mail registration and payment to:

Wichita State University, 1845 Fairmount St., Box 136, Wichita, KS 67260-0136

or fax it to (316) 978-3064

Questions? Call (316) 978-6493

Registration Deadline: October 28