

Live Well with Diabetes 2026

Going Beyond

Professional Seminar | Friday, November 6, 2026 |
WSU Metroplex

Agenda

Time	Session	Presenter / Objectives
7:55 a.m.	Welcome	
8:00 a.m.	Standards of Care: Pharmacology and Managing Diabetes	Debbie Hinnen, APRN, BC-ADM, CDCES, FAAN Advanced Practice Nurse and Certified Diabetes Care and Education Specialist; Consultant, Tri-Lakes Cares and University of Colorado Health Learning objectives • Compare major classes of glucose-lowering medications, including benefits, risks, contraindications, and cardiometabolic considerations. • Apply standards-based medication selection strategies to improve glycemic outcomes while reducing hypoglycemia, weight gain, and treatment burden.
9:00 a.m.	Translating the Standards of Care for Hypertension and Lipid Management	Tiffany Shin, PharmD, BCACP Clinical Associate Professor, University of Kansas School of Pharmacy Learning objectives • Select appropriate antihypertensive and lipid-lowering therapies based on cardiovascular risk, comorbidities, and patient-specific factors. • Develop practical strategies to improve implementation of blood pressure and lipid standards in routine diabetes care.
10:00 a.m.	Exhibits and Abstracts	
10:30 a.m.	Beyond “Get More Exercise”: Prescribing Movement in Diabetes Care	Kailey Thach, PT, DPT Advanced Physical Therapy Learning objectives • Differentiate general exercise advice from individualized physical activity prescriptions for people with diabetes and address common barriers. • Design practical movement recommendations that account for age, fitness level, comorbidities, glucose patterns, and patient preferences.
11:00 a.m.	Insulin Pumps: From Candidates to Options	Lisa Molt, RN, BSN, CDCES Great Plains Diabetes Learning objectives • Identify appropriate candidates for insulin pump therapy based on clinical needs, self-management skills, and patient goals. • Compare available insulin pump options, including key features, benefits, limitations, and patient-selection considerations. • Explain how to support patients through pump initiation, education, troubleshooting, and ongoing follow-up.

12:00 p.m.	Lunch, Exhibits, and Abstracts	
12:45 p.m.	Patient Perspective: My Experience with Islet Cell Transplant	
1:00 p.m.	Beyond the Numbers: Making Continuous Glucose Monitoring Data Clear	Julia Bippert, RLD, CDCES Wichita Diabetes and Endocrinology Learning objectives • Interpret key continuous glucose monitoring metrics, including time in range, time below range, glucose variability, and ambulatory glucose profile patterns. • Translate CGM data into actionable treatment recommendations for medication initiation or adjustment, nutrition, activity, and hypoglycemia prevention.
2:00 p.m.	Beyond Glucose Management: Recognizing and Managing MASLD	Julie Slade, PA-C Department of Physician Associate, Wichita State University Learning objectives • Recognize the relationship between diabetes, insulin resistance, cardiometabolic risk, and MASLD. • Recommend screening and evidence-informed lifestyle, pharmacologic, and interdisciplinary management strategies for patients with diabetes and suspected or confirmed MASLD.
2:45 p.m.	Social Determinants of Health as a Component of Diabetes Care	Justin Moore, MD Assoc Professor, Internal Medicine, KUSM-Wichita Matt Thibault, M Ed Health ICT Project Manager Learning objectives • Discuss Social determinants of health affecting outcomes in diabetes. • Highlight strategies to minimize social determinants of health in diabetes.
3:15 p.m.	Break and Product Theater	
3:45 p.m.	Real-World Cases: A Multidisciplinary Approach	Rami Mortada, MD, ECNU, FACE; Jennifer Sebes, DNP, FNP; Bradley J. Newell, PharmD, BCACP, BCGP, BC-ADM, FASCP Endocrine Center of Kansas; Wichita State University and Great Plains Diabetes; University of Kansas School of Pharmacy Learning objectives • Analyze complex diabetes cases using a multidisciplinary care framework. • Apply team-based strategies to address medication management, nutrition, technology use, behavioral health, comorbidities, and social barriers to care.
4:45 p.m.	Wrap-Up and Adjourn	

Note: Agenda details are subject to final confirmation.